

About Hedonistic Hiking

Jackie and Mick Parsons make a living out of guiding, wining and dining and offering lots of treats along the way to those interested in discovering the pleasures of hiking in some of the most picturesque parts of Victoria. They also head to Italy during our winter and do the same over there in some of the country's most scenic regions but always off the beaten track.

Mick grew up in Wagga with the outdoors at his doorstep so his love of nature and knowledge of the Australian bush developed from an early age. He trained as a chef and worked throughout Australia before travelling to Europe where he was inspired by the flavours of the Mediterranean. He met Jackie from England, a trained linguist, while leading tours in Europe where they both fell in love with Italy. They love good food, fine wines, wonderful scenery and exercise, so they decided to create their own business – Hedonistic Hiking, that encompasses all their passions. Hedonistic means devoted to pleasure – their tours are all about getting a good amount of exercise and enjoying the good things in life.

Hedonistic Hiking is based in Porepunkah, Victoria. The company was established in 2006. Hedonistic Hiking is an owner-operated company offering fully-inclusive small group walking holidays in Italy and north east Victoria. All tours are researched and operated Mick and Jackie Parsons, guaranteeing a high quality and personal experience. Mick and Jackie have a combined 35 years experience offering high quality tours to the discerning traveller. Each itinerary brings alive the rich culture, artistic heritage and intriguing history of each region.

Guests stay in beautiful boutique accommodation in small villages or nestled into the stunning countryside. Accommodation is locally owned and run and has been carefully selected by Hedonistic Hiking.

Food and Wine is an important element of Hedonistic Hiking tours. Evening meals are in delightful restaurants with menus matched to excellent local wines. Lunches are alfresco and showcase the delicious local produce.

The company has been Eco-certified with Ecotourism Australia since 2007. Hedonistic Hiking's commitment to sustainability means that through their tours guests directly contribute to the local economy and support small businesses.

The walking is enjoyable challenging and there is always a support vehicle allowing guests to walk as little or as much as they wish.